TEN TIPS TO PROTECT YOUR PRIVACY

Your privacy is valuable and worth protecting. The Privacy Act 1988 protects your personal information, however, there are steps you can take to protect your privacy. Personal information is information or an opinion that identifies you, or could identify you. Some examples are your name, address, telephone number, date of birth, medical records, bank account details and opinions. These ten tips will help you protect your personal information, and your privacy.

1. Know your rights

2. Read privacy policies and collection notices

3. Always ask why, how and who

4. Check your credit report

5. Protect yourself online

6. Be aware of your mobile security

7. Use security software

8. Be careful what you share on social media

9. Don’t leave your personal information lying around

10. Beware of scams

Tip: Familiarise yourself with the Australian Privacy Principles so that you can exercise your rights.

Tip: Don’t give out your personal information unless you are comfortable with how it is going to be used.

Tip: Use strong passwords and don’t use the same ones across different accounts.

Tip: Keep your online security tools up-to-date.

Tip: Securely dispose of hard copy and electronic records.

Tip: If you don’t understand a privacy policy or notice, ask for an explanation.

Tip: Make sure your credit information is correct and up-to-date.

Tip: Treat your phone like your wallet, and keep it secured at all times.

Tip: Use your social media privacy settings to control the amount and type of information you want to share.

Tip: If it looks too good to be true, don’t share your personal information!